

INSTRUCTORS

Galen Wetzell, DPT, OCS graduated with his Doctor of Physical Therapy degree from St. Catherine University in 2010 and completed the Riverside Physical Therapy Orthopedic Residency in Grants Pass, OR in 2012. He began teaching continuing education courses in 2014 and has taught independently, with Bookhout Seminars, and through the Continuing Medical Education department at the MSU College of Osteopathic Medicine.

Kyle Cook, MPT, OCS is currently practicing at Loyola Medical Center in Chicago and teaches in their residency and fellowship programs. He is a 2006 graduate of the University of Wisconsin-Madison Physical Therapy program, and later completed UW-Madison/Meriter Orthopedic Residency Program. Kyle has publications in JOSPT and AANS Neurosurgeon and has taught with Bookhout Seminars, MSU College of Osteopathic Medicine as well as independently.

bookhoutseminars@gmail.com
www.bookhoutseminars.com

ABOUT US

Bookhout Seminars is a physical therapy continuing education group that specializes in instructing physical therapists in advanced evaluative techniques and manual interventions. Mark Bookhout, PT, MS, FAAOMPT, CFMM developed this material over 35 years of clinical practice with influences from Stanley Paris, Michigan State School of Osteopathic Medicine, The Barral Institute, Janda, Feldendrais and countless other experts. Bookhout Seminars emphasizes integration of competing approaches into a single cohesive evaluative and treatment approach.

TO REGISTER

Name: _____

Address: _____

Preferred Phone: _____

Email address: _____

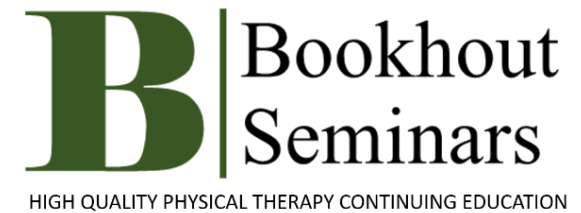
Checks payable to: Bookhout Seminars, LLC

Mail form and check to: Mark Bookhout

40 Chaco

Los Alamos, NM 87544

Manual Therapy for Headaches and Head Trauma: Part II



April 24-26, 2020

Comfort Inn

Bloomington, MN

Tuition: \$750.00

COURSE DESCRIPTION

This three day seminar will begin with a review of the neuroanatomy of the head, upper neck and dural system. The evaluation and treatment of the cranium utilizing an osteopathic model, based upon the original work of William Sutherland, D.O., will set the stage for the rest of the course. Components of the primary respiratory mechanism will be presented and discussed. Laboratory experience will include the evaluation and treatment of the Sphenobasilar strain patterns and the extracranial influences that can alter cranial mechanics and contribute to and perpetuate headaches, especially after trauma. This will include the assessment and treatment of the TMJ and the anterior fascias of the neck. Home exercises for headache patients and their rationale for inclusion in treatment will also be presented.

bookhoutseminars@gmail.com
www.bookhoutseminars.com

COURSE OBJECTIVES

- ** To have a better understanding of the anatomy of the head and neck.
- ** To be able to identify and treat abnormal strain patterns at the Sphenobasilar synchondrosis.
- ** To be familiar with the anatomy and pathomechanics of the temporal bone and its relationship to TMJ dysfunction.
- ** To be able to assess and balance tensions in the cranial dura.
- ** To be able to identify and treat extracranial influences on the cranium that can create strain patterns at the Sphenobasilar synchondrosis and alter temporal mobility.
- ** To be able to evaluate and treat the anterior fascias of the neck and understand their role in perpetuating neck pain and headaches.
- ** To learn how to evaluate and treat the hyoid and Temporo-mandibular joint.
- ** To learn home exercises to prescribe for a patient with headaches.

COURSE SCHEDULE

Day 1 – 8:00 a.m. – 5:30 p.m.

- *Introduction, goals and objectives, overview of part I course
- *Review of neuroanatomy of head, upper neck and dural system
- *Anatomic landmarks of the skull
- Break
- Lunch
- *Evaluation of sphenobasilar strain patterns
- Break
- *Four quadrant diagnosis and treatment methods

Day 2 – 8:00 a.m. – 5:30 p.m.

- *Review of Day 1, questions
- *Sphenobasilar decompression techniques
- *Anatomy, mechanics and pathomechanics of the temporal bone
- Break
- *Temporal mobility testing
- *Intra versus extracranial influences on the temporals and SBS
- Lunch
- *Assessment and treatment of the cranial dura
- Break
- *Evaluation and treatment of the anterior fascia of the neck

Day 3 – 8:00 a.m. – 5:00 p.m.

- *Review of day 2, questions
- *Assessment and treatment of the anterior visceral sheath of the neck
- Break
- *Assessment and treatment of the hyoid and floor of the mouth
- Lunch
- *Assessment and treatment of the TMJ
- Break
- *Home exercises for headache patients
- *Cranial motility and balance partners head